

# Berks & Bucks FA

## Football Development



### Coaching

#### Level 1 Certificate in Football Coaching

This is the ideal introduction to coaching for all coaches with little experience or knowledge. The course is open entry and participants do not need any experience to take part, just an interest in coaching and the motivation to improve their skills and understanding.

#### Level 2 Certificate in Football Coaching

If you're a coach with a few seasons' coaching experience, you may wish to start at Level 2, as this is still an open entry course, although we do recommend that those taking part without the Level 1 qualification do have relevant coaching experience.

#### Age Appropriate Coaching - Introductory Module

This course is aimed at any coach, volunteer or teacher who wishes to further their knowledge and confidence in coaching 5-11 year old children.

It will include practical sessions as well as theory and group discussions. The course looks to build on the candidate's knowledge and acts as a stepping stone to the FA Youth Award Module 1 "Developing the Environment".

#### FA Youth Award - Module 1

This brand new qualification, which forms the first of three parts of The FA Youth Qualification, is aimed at coaches working with young players.

Dealing with the 'how' to coach the course supports candidates to:

- Understand how to manage players motivation and self esteem in positive and appropriate ways.
- Recognise how your players learn and encourage you to focus on supporting them to develop maximally.
- Importantly, support you to manage your players mistakes, encouraging a 'can-do' approach from your players.
- Experience a series of new game-related exercises that support your players to develop their technique and apply skill in environments where they make decisions.

#### Goalkeeping Level 1 Course

Who is The FA Learning Goalkeeping Coaching Award Course intended for?

- Candidates must be 16 years old or over with a wish to learn the basic "Technical" aspects of Goalkeeping.
- Those applying must hold as a minimum 1st4sport Level 1 Certificate in Coaching Football, valid emergency aid and safeguarding children certificates.

#### Coaching Disabled Footballers Course

The Coaching Disabled Footballers course is designed to give football coaches and teachers ideas and practices for the inclusion of disabled players in football sessions within mainstream or impairment specific sessions. The course is six hours and covers both theory and practical elements, by the end of the workshop each participant should have a good basic understanding of how to Coach Disabled Footballers.



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